

XIA POWDER 435 LM



BAKERY



# HIGH FIBER KETO COOKIES

With Xia Powder 435 W LM



## Ingredients

Coconut oil, Benexia® Xia Powder 435 W LM, allulose, wheat flour, almond flour, wheat bran, sliced almond, pumpkin seeds, flaxseed meal, sunflower seeds, stevia sweetener powder, whey protein concentrate, baking soda, sea salt, baking powder, ground cinnamon, milk (whole, 3.25% milk fat), vanilla extract and almond extract.

## Formulation

| Ingredients                         | %            |
|-------------------------------------|--------------|
| <b>DRY MIX</b>                      |              |
| Coconut Oil                         | 15.50        |
| <b>Benexia® Xia Powder 435 W LM</b> | <b>13.41</b> |
| Allulose                            | 11.6         |
| Wheat Flour                         | 8.94         |
| Almond Flour                        | 8.94         |
| Wheat Bran                          | 7.15         |
| Sliced Almond                       | 7.15         |
| Pumpkin Seeds                       | 3.58         |
| Flaxseed Meal                       | 3.58         |
| Stevia Sweetener Powder             | 4.44         |
| Sunflower Seeds                     | 2.86         |
| Whey Protein Concentrate            | 0.72         |
| Baking Soda                         | 0.71         |
| Sea Salt                            | 0.58         |
| Baking Powder                       | 0.36         |
| Ground Cinnamon                     | 0.18         |
| <b>LIQUIDS</b>                      |              |
| Milk, Whole, 3.25% Milk Fat         | 8.94         |
| Vanilla Extract                     | 0.89         |
| Almond Extract                      | 0.45         |
| <b>Total</b>                        | <b>100</b>   |

## Nutritional Value

Serving Size: 4 cookies (20 g)

|                             | Per 100 g | Per Serving |
|-----------------------------|-----------|-------------|
| Calories [kcal]             | 330       | 65          |
| Total Fat [g]               | 27.5      | 5.5         |
| Saturated Fat [g]           | 13.5      | 2.7         |
| Mono Unsaturated [g]        | 6         | 1.2         |
| Poly Unsaturated [g]        | 5         | 1           |
| Omega-3 ALA [mg]            | 1400      | 280         |
| Omega-6 [mg]                | 3750      | 750         |
| Trans Fat [g]               | 0         | 0           |
| Total Carbohydrates [g]     | 45        | 9           |
| Available carbohydrates [g] | 10        | 2           |
| Fiber [g]                   | 35        | 7           |
| Total Sugars [g]            | 0         | 0           |
| Protein [g]                 | 11        | 2.2         |
| Sodium [mg]                 | 400       | 80          |
| Calcium                     | 200       | 40          |

## TECHNICAL KEY ATTRIBUTES

- Whole grain appearance
- Soft, chewy texture
- Indulgent heathy & balanced snack

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FINISHED PRODUCT CLAIMS



Request the full application formulation at [info@benexia.com](mailto:info@benexia.com)